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## Advanced form of liposuction, 5D liposculpture, fat transfer and abdominoplasty for balanced body contouring

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## ■Abstract

The requests of the patients for body contouring are not mere reduction of the volume of the fat on their belly. For the female patients, enhancement of the rectus abdominis, problems with their umbilicus, stretch marks, loose lower abdominal skin and many other parts of their body have to be dealt by the surgeons. For male patients, gynecomastia is another problem aside from the problems presented by the female patients, and their demand is to have more detailed natural look. '5D liposculpture,' named because it deals with the 5 layers of the surgery which includes the skin, superficial fatty layer, middle fatty layer, deep fatty layer and muscles underneath them. Eva®, a PAL developed by Euromi, is used for liposuction which enables prompt vibroinfiltration for less bleeding, fast liposuction, and easily achieved smooth surface. Bodytite® developed by Invasix, is used for tightening the loose skin. Pro Ultra-Z, an internal US, developed by New Pong, is used for subdermal fat dissolving. Several types of abdominoplasty aids loose abdominal area with massive amount of skin laxity with or without large amount of fat. For oriental patients, scars have been main concern of the patients because the scars are very well seen in many cases. Thus, the locations of the scars are very important.